



# Finish the Race

# YIKES! IT'S SPIKES!

by Thomas C. Jung



## Items Needed

- sticky notes
- construction paper
- tree cutout
- leaf template
- musical instruments
- stuffed toys
- cut out car template
- bracelet materials

### LESSON

1

What are kind things we can say to others when they are upset and frustrated? Write down these phrases on sticky notes to place on your classroom window.

### LESSON

2

What thing (a dog, a plushie, etc.) or activity always makes you smile? Draw a picture of this to share with the class.

### LESSON

3

What are ways you can show kindness to others? Write these on a leaf using the template and attach to a paper tree cutout to display in the class or hallway.

### LESSON

4

Using musical instruments, have the class sing a song about happiness. One suggestion is [youtube.com/watch?v=04KMI2lkFnc](https://www.youtube.com/watch?v=04KMI2lkFnc). Explain how you can help others who may not be feeling happy by including them in activities.

### LESSON

5

Ask the children to bring a new stuffed toy to school to donate to kids in need. Explain how a favorite plushie can help a child who is scared or upset.

### LESSON

6

If you could change any cars in the story, which one and why? Draw a picture of the car using the attached template sheet. Sometimes change is scary; sometimes it's fun!

### LESSON

7

Create friendship bracelets to give to friends so that they know they are included and appreciated.

# Finish the Race

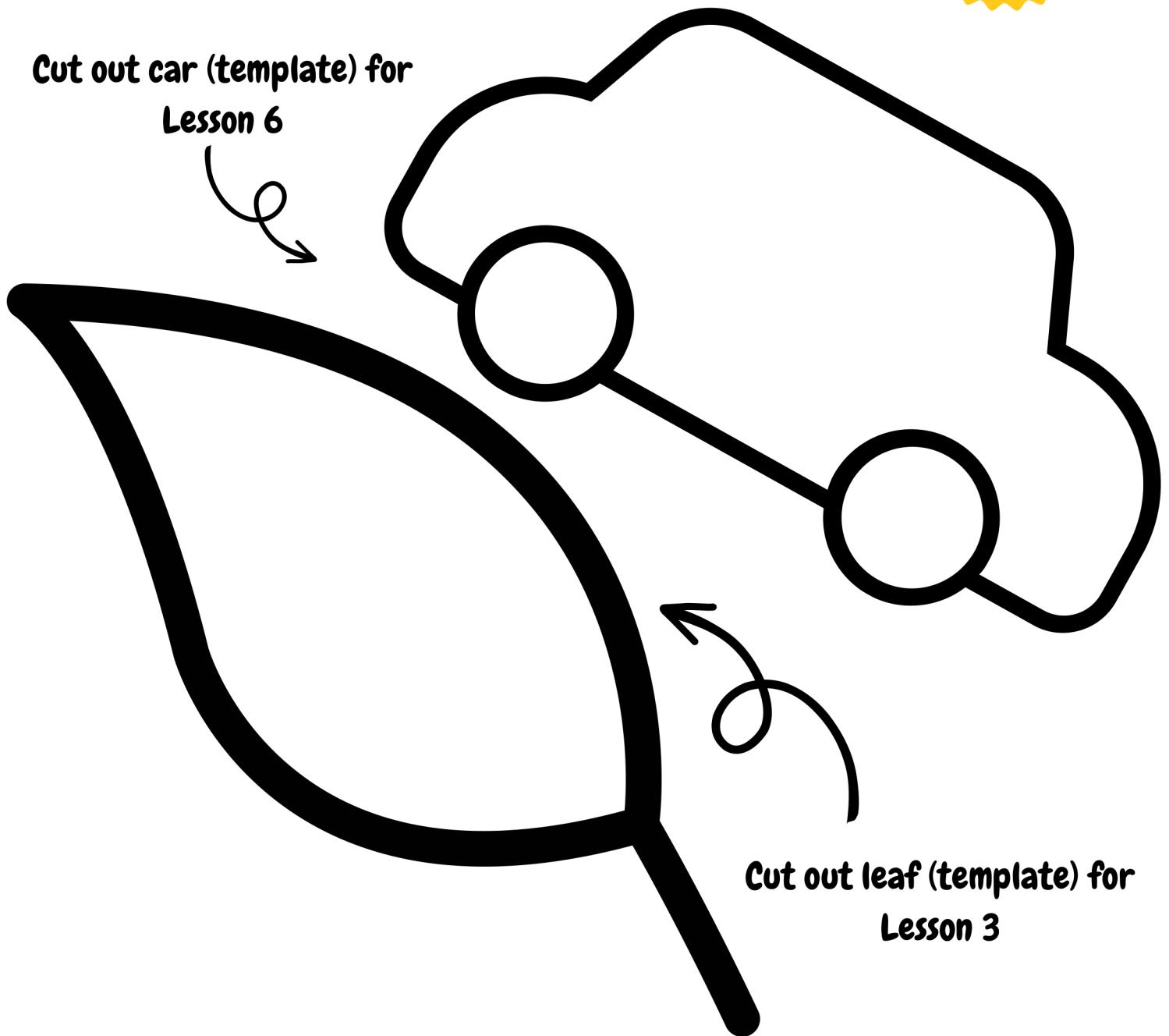
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Cut out car (template) for  
Lesson 6



Cut out leaf (template) for  
Lesson 3