



Finish the Race

YIKES!

IT'S SPIKES!

by Thomas C. Jung



Items Needed

- sticky notes
- construction paper
- tree cutout
- leaf template
- musical instruments
- stuffed toys
- cut out car template
- bracelet materials

LESSON

1

What are kind things we can say to others when they are upset and frustrated? Write down these phrases on sticky notes to place on your classroom window.

LESSON

2

What thing (a dog, a plushie, etc.) or activity always makes you smile? Draw a picture of this to share with the class.

LESSON

3

What are ways you can show kindness to others? Write these on a leaf using the template and attach to a paper tree cutout to display in the class or hallway.

LESSON

4

Using musical instruments, have the class sing a song about happiness. One suggestion is [youtube.com/watch?v=04KMI2lkEnc](https://www.youtube.com/watch?v=04KMI2lkEnc). Explain how you can help others who may not be feeling happy by including them in activities.

LESSON

5

Ask the children to bring a new stuffed toy to school to donate to kids in need. Explain how a favorite plushie can help a child who is scared or upset.

LESSON

6

If you could change any cars in the story, which one and why? Draw a picture of the car using the attached template sheet. Sometimes change is scary; sometimes it's fun!

LESSON

7

Create friendship bracelets to give to friends so that they know they are included and appreciated.

Finish the Race

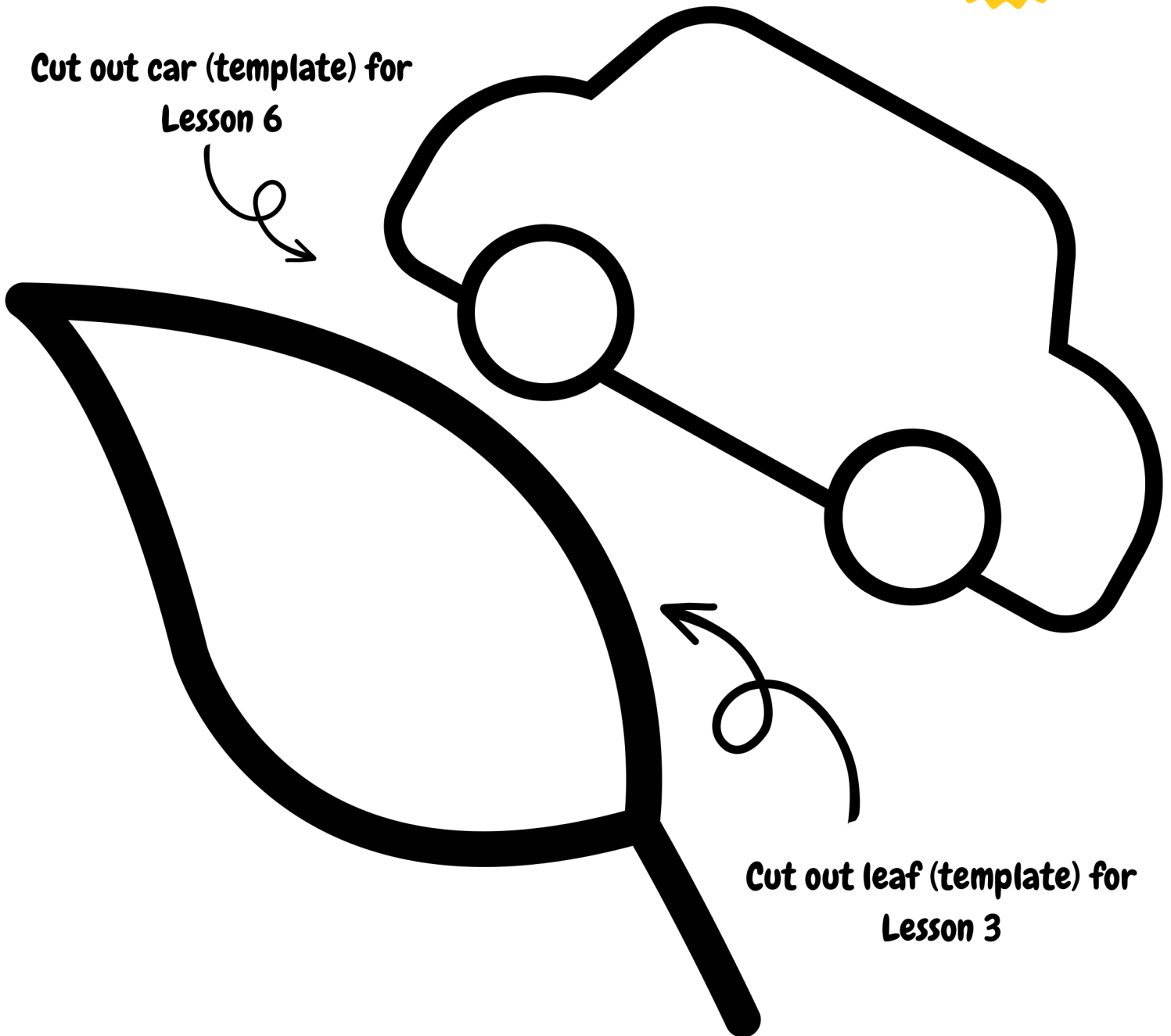
YIKES!

IT'S SPIKES!

by Thomas C. Jung



Cut out car (template) for
Lesson 6



Cut out leaf (template) for
Lesson 3

